

## Conference Summary

The 2<sup>nd</sup> Annual San Diego Prevention Research Center Latino Health Conference *Salud y Vida: Healthy Living for Latinos* occurred on May 17-18, 2007 at the Doubletree Hotel Mission Valley in San Diego, California with 128 people in attendance. The 2-day conference agenda included informative and motivating general sessions, interactive and skill-building breakout sessions, structured networking activities, team and capacity building activities, and short physical activity breaks.

Conference participants were asked to register for the conference as a “team” from their organization. We recommended that teams include the following representatives: agency administrators; health educators; promotores; nurses; teachers; program managers and program coordinators; social workers; and advisory board members.

Team members were expected to meet at least once prior to attending the training and work together at the training to develop an action plan aimed at promoting physical activity in the local Latino community. Following the training, team members were asked to continue advocating for the adoption, implementation, maintenance, and evaluation of community physical activity promotion programs for the Latino community.

Conference participants represented teams from the following health agencies, community based organizations, and academic institutions or schools:

### **Organizations Represented at SDPRC Conference:**

- The Whittier Institute for Diabetes/Project Dulce
- County of San Diego/Health and Human Services Agency North Coastal Public Health Nursing
- Harmonium, Inc.
- Southwest Center for Community Health Promotion/Mel and Enid Zuckerman College of Public Health, University of Arizona/Promotora Outreach Office (Arizona PRC)
- American Heart Association
- Family Health Centers of San Diego
- San Ysidro Health Center, Research Department
- San Ysidro Health Center, Healthy Steps
- Mental Health America in San Diego County (*formerly Mental Health Association*)
- Clinicas De Salud Del Pueblo, Inc (from Brawley, CA)
- Casa Familiar
- ECS Headstart
- PASOS ADELANTE!
- Caminando con Fe – Walking with Faith Promotoras
- San Diego State University
- MOA Senior Exercise Class
- Miller Family Health Education Center, City of Long Beach Department of Health and Human Services

- Asociación Mexicana para La Prevención de Aterosclerosis y Sus Complicaciones (AMPAC) (from Tecate, Mexico)
- American Cancer Society
- Familias Sanas y Activas promotores
- UCLA/RAND Center for Adolescent Health (UCLA PRC)
- Centers for Disease Control and Prevention

Approximately 93% (n=89) of the participants were female and over half of the participants identified themselves as health educators, promotores, or community health workers. Most of the conference participants were from San Diego County; however, there were 13 participants from outside of San Diego County representing agencies, organizations, and schools from Imperial County, Orange, and Los Angeles County in California, as well as the state of Arizona and the country of Mexico.