

San Diego Prevention Research Center: Baseline Survey
Summer 2006

[IF THE CALLER ANSWERS "Hello", BEGIN IN ENGLISH; IF THE CALLER ANSWERS "Bueno" OR "Hola", BEGIN IN SPANISH]

INT. Hello, my name is _____. I'm calling from SDSU's Social Science Research Lab. We are conducting a survey for the San Diego Prevention Research Center. We are not selling any products or services. We would just like to ask you some questions about your health and your neighborhood. May I speak with an adult in your home who is 18 years or older?

AGEC. And just to confirm, are you between 18 and 69 years of age?

- 1 - YES
- 0 - NO → **THANK AND CODE "NQR-AGE"**
- 9 - REF → **THANK AND CODE "NQR-AGE"**

HIS. This study is concerned with the health of Hispanic and Latino residents living in the South Bay. Are you of Hispanic or Latino descent?

- 1 - YES
- 0 - NO → **THANK AND CODE "NQR-HIS"**
- 9 - REF → **THANK AND CODE "NQR-HIS"**

CTY. What city or area do you live in?

- 1 - NATIONAL CITY
- 2 - SAN YSIDRO
- 9 - DK/REF/OTHER → **THANK AND CODE "NQR-CTY"**

ZIP. And to confirm your neighborhood, could I please have your zip code?

- 1 - 91950
- 2 - 91951
- 3 - 92173
- 4 - 92143
- 5 - 92136
- 9 - DK/REF → **THANK AND CODE "NQR-ZIP"**

SEX. **[RECORD RESPONDENT GENDER:]** 1 - MALE 2 - FEMALE

—— QUALIFIED RESPONDENT: QUOTAS CHECKED; DATA SAVED ——

LP. **[IF INDICATED BY AN ACCENT:]** Would you prefer that we speak in English or Spanish?

- 1 - ENGLISH
- 2 - SPANISH → **SWITCH TO SPANISH VERSION OR SCHEDULE SPAN CB**

- IC1. The San Diego Prevention Research Center of SDSU and UCSD is conducting this survey to learn more about the physical activity habits of Latino families living in the South Bay. Your telephone number was selected randomly from a list of phone numbers of South Bay residents. The survey includes questions about your general health, physical activity, nutrition, age, heritage, and what you do for a living, and takes about 30 minutes to complete. (If you need to, we can do the survey in two sessions.) Participation in this study is voluntary, and you may choose not to answer specific questions. All information obtained today will be kept confidential to the extent provided by law. Any reports prepared from the information collected will never name or point to any individual person who answered the questions. Your name and telephone number will be separated from your answers once the data has been processed.
- IC2. If you have questions about this research, you may contact the Principal Investigators: Dr. Elder, at (619) 594-2997 or Dr. Patrick, at (858) 457-7296. For questions about your rights as a research participant or to report research-related problems you may contact the Institutional Review Board at San Diego State University (619) 594-6622, or the University of California, San Diego Human Research Protections Program at (858) 455-5050.

Do you have a few minutes now to get started? **[IF NO, THANK THEM FOR THEIR TIME; IF YES, CONTINUE WITH INTERVIEW]**

Awareness of Resources in the Community

- Q1. I'd like to begin by asking you some questions about services and resources in your community, and about physical activity. Please keep in mind that when I say "physical activity", I mean any moderate activity, whether it is exercise, recreational activities, sports, work around the house such as gardening, or simply going for a walk at a moderate pace. Physical activity can include all of these things, so unless a question asks you specifically about certain types of activities, assume I mean all of these.

I'm going to read you a series of statements about your community. The first one is... {INSERT ITEM}. Would you say you strongly disagree, somewhat disagree, somewhat agree, or strongly agree?

		Strongly disagree	Some-what disagree	Some-what agree	Strongly agree	DK	REF
1)	In my community I hear a lot about ways to be physically active.	1	2	3	4	7	9
2)	In my community there are plenty of places to support people being physically active.	1	2	3	4	7	9
3)	In my community I see many people being physically active.	1	2	3	4	7	9
4)	There are many interesting things to look at while walking in my neighborhood.	1	2	3	4	7	9

Q2. How satisfied are you with the number of parks, trails and other outdoor recreational areas in your community? Would you say...

- 1 - very dissatisfied,
- 2 - somewhat dissatisfied,
- 3 - somewhat satisfied, or
- 4 - very satisfied?
- 7 - DK
- 9 - REF

Q3. How satisfied are you with the number of free or low-cost recreation facilities in your community, places like recreation centers, playgrounds, public swimming pools, or gymnasiums? Would you say...

- 1 - very dissatisfied,
- 2 - somewhat dissatisfied,
- 3 - somewhat satisfied, or
- 4 - very satisfied?
- 7 - DK
- 9 - REF

Q4. During a typical month, on how many days do you usually use an outdoor area such as a public park, trail, or other recreational area in your community for any type of physical activity?

___ # OF DAYS IN TYPICAL MONTH → IF 0, GO TO Q5
 97 - DK → GO TO Q5
 99 - REF → GO TO Q5

Q4a. **[IF ONE OR MORE:]** Please tell me if you have visited or used any of the following parks or recreational facilities in your community in the past year. The first one is... {INSERT ITEM}. **[IF RESPONDENT DOES NOT KNOW NAME, REQUEST STREET ADDRESS OR CROSS STREETS]**

		YES	NO	DK	REF
1)	San Ysidro Community Activity Center? (179 Diza Rd & Blando Ln)	1	0	7	9
2)	Cesar Chavez Community Center? (455 Sycamore Rd & Camino de la Plaza & Sipes Ln)	1	0	7	9
3)	Larsen Field Park? (455 Sycamore Rd & Camino de la Plaza & Sipes Ln)	1	0	7	9
4)	La Mirada School? (222 Avenida de la Madrid & Avenida de la Cruz)	1	0	7	9
5)	Casa Familiar? (119 W Hall Ave & Cypress Dr)	1	0	7	9
6)	Montgomery Waller Park? (3020 Coronado Ave & Beyer Blvd & Palm Ave)	1	0	7	9
7)	Howard Lane Park? (Dairy Mart Rd & Plantel Way)	1	0	7	9

[Q4a, continued]

		YES	NO	DK	REF
8)	Vista Terrace Park? (301 Athey Ave & Smythe Ave)	1	0	7	9
9)	Vista Terrace Swimming Pool? (301 Athey Ave & Smythe Ave)	1	0	7	9
10)	Border View YMCA? (3085 Beyer Blvd Ste A 103 & Carnell Ave & Veralee Dr)	1	0	7	9
11)	Senior Citizen Center? (125 E Park Ave & W San Ysidro Blvd)	1	0	7	9
12)	Villa Nueva Teen Club? (3604 Beyer Blvd & Del Sur Blvd)	1	0	7	9
13)	Kimball Park (12 th St & D Ave)	1	0	7	9
14)	Southcrest Park and Recreation Center (4149 Newton Ave, S 40 th Ave & Boston Ave)	1	0	7	9
15)	Las Palmas Park (Palm Ave & E 22 nd St)	1	0	7	9
16)	El Toyon Park (E 4 th St & South U Ave)	1	0	7	9
17)	Willie Henderson Sports Complex (aka Henderson Rec Ctr) (1035 S 45 th St & Logan Ave)	1	0	7	9
18)	Jackie Robinson Family YMCA (151 YMCA Way, Imperial Ave & S 45 th St)	1	0	7	9
19)	Mountain View Park (S Boundary St & T St)	1	0	7	9
20)	Mountain View Community Center (641 S Boundary St & T St)	1	0	7	9

Q4b. Have you visited any recreational facilities in your community that I did not mention?

97 - NONE/DK

99 - REF

Neighborhood Cohesion

Q5. These next questions are about your neighborhood. I'm going to read several statements. For each, please tell me if for you, the statement is very true, sort of true, or not at all true. The first one is...

		Very true	Sort of true	Not at all true	DK	REF
1)	I feel like I fit in with the people in my neighborhood.	1	2	3	7	9
2)	The relationships I have with my neighbors mean a lot to me.	1	2	3	7	9
3)	I believe my neighbors would help me in an emergency.	1	2	3	7	9
4)	Most people who live in my neighborhood would be able to tell if someone was a stranger to the neighborhood.	1	2	3	7	9
5)	In the past few months, things in my neighborhood have gotten worse.	1	2	3	7	9
6)	In general, people in my neighborhood do not watch out for each other.	1	2	3	7	9
7)	There are people in my neighborhood that sell drugs.	1	2	3	7	9
8)	There are places in my neighborhood where you can buy or sell stolen property.	1	2	3	7	9

Neighborhood Safety

Q6. These next questions are about how you feel about the safety of your neighborhood. For each, please tell me if you strongly disagree, somewhat disagree, somewhat agree, or strongly agree. The first one is...

		Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree	DK	REF
1)	There is so much traffic along streets in my neighborhood that it makes it difficult or unpleasant to walk.	1	2	3	4	7	9
2)	The speed of traffic on the streets in my neighborhood is usually slow.	1	2	3	4	7	9
3)	My neighborhood streets are well lit at night.	1	2	3	4	7	9
4)	Walkers and bikers on the streets in my neighborhood can be easily seen by people in their homes.	1	2	3	4	7	9
5)	There are crosswalks and pedestrian signals to help walkers cross busy streets in my neighborhood.	1	2	3	4	7	9
6)	The crime rate in my neighborhood makes it unsafe to go on walks <u>during the day</u> .	1	2	3	4	7	9

[Q6, continued]

		Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree	DK	REF
7)	The crime rate in my neighborhood makes it unsafe to go on walks <u>at night</u> .	1	2	3	4	7	9
8)	My neighborhood is safe enough that children can play outside by themselves in the daytime.	1	2	3	4	7	9
9)	There are unattended or stray dogs in my neighborhood.	1	2	3	4	7	9

Long Last 7 Days Telephone IPAQ

Now I'd like to ask you about the time you spent being physically active in the last 7 days. Please answer each question, even if you do not consider yourself to be an active person. Think about the activities you do at work, your house and yard work, to get from place to place, and in your spare time for recreation, exercise or sport.

PART 1: JOB-RELATED PHYSICAL ACTIVITY

Q7. The first questions are about your work. This includes paid jobs, farming, volunteer work, school work and any other unpaid work that you did outside your home. Please do not include unpaid work you might do around your home, like housework, yard work, general maintenance, or caring for your family. I will ask you about these later.

Do you currently have a job or do any unpaid work outside your home? **[THIS ALSO INCLUDES CREDIT AND NON-CREDIT CLASSES OR COURSE WORK. IT ALSO INCLUDES VOLUNTEER WORK AND TIME SPENT LOOKING FOR WORK. IT DOES NOT INCLUDE UNPAID HOUSE OR YARD WORK, NOR CARING FOR DEPENDENTS, THIS WILL BE ASKED IN A LATER SECTION]**

- 1 - YES
- 0 - NO → **GO TO Q11**
- 7 - DK/NOT SURE → **GO TO Q11**
- 9 - REF → **GO TO Q11**

Q8. **[IF YES:]** The following questions are about all the physical activity you did as part of your paid or unpaid work. This does not include traveling to and from work. First, think about all the vigorous activities which take hard physical effort that you did as part of your work. Vigorous activities make you breathe much harder than normal. These may include things like heavy lifting, digging, heavy construction work, or climbing up stairs. Think about only those vigorous physical activities that you did for at least 10 minutes at a time.

During the last 7 days, on how many days did you do vigorous physical activities as part of your work? **[IF NEEDED:]** Work includes paid and unpaid work as well as course work. Include all jobs and volunteer work. **[IF NEEDED:]** Think about only those vigorous physical activities that you did for at least 10 minutes at a time.

- ___ (0-7) DAYS PER WEEK → **IF 0, GO TO Q9**
- 97 - DK/NOT SURE → **GO TO Q9**
- 99 - REF → **GO TO Q9**

Q8a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days doing vigorous physical activities as part of your work? **[IF NEEDED:]** Think about only those vigorous physical activities you did for at least 10 minutes at a time. **[IF NEEDED, PROBE:]** An average time per day is being sought. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, OR INCLUDES TIME SPENT DOING A VARIETY OF PAID AND UNPAID WORK, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q8a_1. HOURS:

__ __ (0-16) HOURS PER DAY
96 - ONLY RECORDING MINUTES
97 - DK/NOT SURE
99 - REF

[AND/OR]

Q8a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q9**
996 - ONLY RECORDING HOURS → **GO TO Q9**
997 - DK/NOT SURE
999 - REF → **GO TO Q9**

Q8b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days doing vigorous physical activities as part of your work? **[RECORD HRS AND/OR MINUTES:]**

Q8b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK
996 - ONLY RECORDING MINUTES
997 - DK/NOT SURE
999 - REF

[AND/OR]

Q8b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK
9996 - ONLY RECORDING HOURS
9997 - DK/NOT SURE
9999 - REF

Q9. Now think about activities which take moderate physical effort that you did as part of your work. Moderate physical activities make you breathe somewhat harder than normal and may include activities like carrying light loads. Do not include walking. Again, think about only those moderate physical activities that you did for at least 10 minutes at a time.

During the last 7 days, on how many days did you do moderate physical activities as part of your work? **[IF NEEDED:]** Work includes paid and unpaid work as well as course work. Include all jobs and volunteer work. **[IF NEEDED:]** Think about only those physical activities that you did for at least 10 minutes at a time.

___ (0-7) DAYS PER WEEK → **IF 0, GO TO Q10**

97 - DK/NOT SURE → **GO TO Q10**

99 - REF → **GO TO Q10**

Q9a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days doing moderate physical activities as part of your work? **[IF NEEDED:]** Think about only those moderate physical activities you did for at least 10 minutes at a time. **[IF NEEDED, PROBE:]** An average time per day is being sought. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, OR INCLUDES TIME SPENT DOING A VARIETY OF PAID AND UNPAID WORK, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q9a_1. HOURS:

___ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q9a_2. MINUTES:

___ (0-960) MINUTES PER DAY → **GO TO Q10**

996 - ONLY RECORDING HOURS → **GO TO Q10**

997 - DK/NOT SURE

999 - REF → **GO TO Q10**

Q9b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days doing moderate physical activities as part of your work? **[RECORD HRS AND/OR MINUTES:]**

Q9b_1. HOURS:

___ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q9b_2. MINUTES:

___ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

Q10. Now think about the time you spend walking for at least 10 minutes at a time as part of your work. Please do not count any walking you did to travel to or from work.

During the last 7 days, on how many days did you walk as part of your work? (Include all jobs.) **[IF NEEDED:]** Think about only the walking that you did for at least 10 minutes at a time.

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO PART 2 (Q11)**

97 - DK/NOT SURE → **GO TO PART 2 (Q11)**

99 - REF → **GO TO PART 2 (Q11)**

Q10a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days walking as part of your work? **[IF NEEDED:]** Think about only the walking you did for at least 10 minutes at a time. **[IF NEEDED, PROBE:]** An average time per day is being sought. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, OR INCLUDES TIME SPENT DOING A VARIETY OF PAID AND UNPAID WORK, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q10a_1. HOURS:

__ __ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q10a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO PART 2 (Q11)**

996 - ONLY RECORDING HOURS → **GO TO PART 2 (Q11)**

997 - DK/NOT SURE

999 - REF → **GO TO PART 2 (Q11)**

Q10b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent walking over the last 7 days as part of your work? **[RECORD HRS AND/OR MINUTES:]**

Q10b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q10b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

PART 2: TRANSPORTATION PHYSICAL ACTIVITY

Q11. Now, think about how you traveled from place to place, including to and from places like work, stores, movies and so on.

During the last 7 days, on how many days did you travel in a motor vehicle like a train, bus, car or trolley?

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO Q12**

97 - DK/NOT SURE → **GO TO Q12**

99 - REF → **GO TO Q12**

Q11a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days traveling in a car, bus, train or other kind of motor vehicle? **[IF NEEDED, PROBE:]** An average time per day is being sought. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, OR INCLUDES TIME SPENT DOING A VARIETY OF PAID AND UNPAID WORK, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q11a_1. HOURS:

__ __ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q11a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q12**

996 - ONLY RECORDING HOURS → **GO TO Q12**

997 - DK/NOT SURE

999 - REF → **GO TO Q12**

Q11b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days traveling in a motor vehicle? **[RECORD HRS AND/OR MINUTES:]**

Q11b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q11b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

Q12. Now think only about the bicycling you did to travel to and from work, to do errands, or to go from place to place, but not including time spent bicycling for recreation or exercise. Only include bicycling that you did for at least 10 minutes at a time.

During the last 7 days, on how many days did you bicycle to go from place to place? **[IF NEEDED:]** Think only about the bicycling that you did for at least 10 minutes at a time.

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO Q13**

97 - DK/NOT SURE → **GO TO Q13**

99 - REF → **GO TO Q13**

Q12a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days to bicycle from place to place? **[IF NEEDED, PROBE:]** An average time per day is being sought. **[IF NEEDED:]** Think about only the bicycling that you did for at least 10 minutes at a time. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q12a_1. HOURS:

__ __ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q12a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q13**

996 - ONLY RECORDING HOURS → **GO TO Q13**

997 - DK/NOT SURE

999 - REF → **GO TO Q13**

Q12b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent bicycling over the last 7 days to travel from place to place? **[RECORD HRS AND/OR MINUTES:]**

Q12b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q12b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

Q13. Now think only about the walking you did to travel to and from work, to do errands or to go from place to place, but not including time spent walking for recreation or exercise. Only include walking that you did for at least 10 minutes at a time.

During the last 7 days, on how many days did you walk to go from place to place? **[IF NEEDED:]** Think only about the walking that you did for at least 10 minutes at a time.

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO PART 3 (Q14)**

97 - DK/NOT SURE → **GO TO PART 3 (Q14)**

99 - REF → **GO TO PART 3 (Q14)**

Q13a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days walking from place to place? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Think about only the walking that you did for at least 10 minutes at a time. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q13a_1. HOURS:

__ __ (0-16) HOURS PER DAY
96 - ONLY RECORDING MINUTES
97 - DK/NOT SURE
99 - REF

[AND/OR]

Q13a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO PART 3 (Q14)**
996 - ONLY RECORDING HOURS → **GO TO PART 3 (Q14)**
997 - DK/NOT SURE
999 - REF → **GO TO PART 3 (Q14)**

Q13b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days walking from place to place? **[RECORD HRS AND/OR MINUTES:]**

Q13b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK
996 - ONLY RECORDING MINUTES
997 - DK/NOT SURE
999 - REF

[AND/OR]

Q13b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK
9996 - ONLY RECORDING HOURS
9997 - DK/NOT SURE
9999 - REF

PART 3: HOUSEWORK, HOUSE MAINTENANCE AND CARING FOR FAMILY

Q14. Now think about the physical activities you have done in the last 7 days in and around your home and yard, like housework, gardening, yard work, general maintenance work, and caring for your family. First think about vigorous activities which take hard physical effort that you did in the garden or yard. Vigorous activities make you breathe much harder than normal and may include heavy lifting, chopping wood, shoveling snow, or digging. Again, think about only those vigorous physical activities that you did for at least 10 minutes at a time.

During the last 7 days, on how many days did you do vigorous physical activities in the garden or yard? **[IF NEEDED:]** Think about only those vigorous physical activities that you did for at least 10 minutes at a time.

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO Q15**

97 - DK/NOT SURE → **GO TO Q15**

99 - REF → **GO TO Q15**

Q14a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days doing vigorous physical activities in the garden or yard? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Think about only those vigorous physical activities that you did for at least 10 minutes at a time. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q14a_1. HOURS:

__ __ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q14a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q15**

996 - ONLY RECORDING HOURS → **GO TO Q15**

997 - DK/NOT SURE

999 - REF → **GO TO Q15**

Q14b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days doing vigorous physical activities in the garden or yard? **[RECORD HRS AND/OR MINUTES:]**

Q14b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q14b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

Q15. Now think about activities which take moderate physical effort that you did in the garden or yard. Moderate physical activities make you breathe somewhat harder than normal and may include carrying light loads and raking. Again, include only those moderate physical activities that you did for at least 10 minutes at a time.

During the last 7 days, on how many days did you do moderate physical activities in the garden or yard? **[IF NEEDED:]** Think about only those moderate physical activities that you did for at least 10 minutes at a time.

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO Q16**

97 - DK/NOT SURE → **GO TO Q16**

99 - REF → **GO TO Q16**

15a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days doing moderate physical activities in the garden or yard? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Think about only those moderate physical activities that you did for at least 10 minutes at a time. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q15a_1. HOURS:

__ __ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q15a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q16**

996 - ONLY RECORDING HOURS → **GO TO Q16**

997 - DK/NOT SURE

999 - REF → **GO TO Q16**

Q15b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days doing moderate physical activities in the garden or yard? **[RECORD HRS AND/OR MINUTES:]**

Q15b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q15b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

Q16. Now think about activities which take at least moderate physical effort that you did inside your home. Examples include carrying light loads, washing windows, scrubbing floors, and sweeping. Include only those moderate physical activities that you did for at least 10 minutes at a time.

During the last 7 days, on how many days did you do moderate physical activities inside your home? (Moderate physical activities make you breathe somewhat harder than normal.) **[IF NEEDED:]** Think about only those physical activities that you did for at least 10 minutes at a time. **[IF NEEDED, PROBE:]** During the last 7 days, on how many days did you do activities that take at least moderate effort inside your home?

___ (0-7) DAYS PER WEEK → **IF 0, GO TO PART 4 (Q17)**

97 - DK/NOT SURE → **GO TO PART 4 (Q17)**

99 - REF → **GO TO PART 4 (Q17)**

Q16a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days doing moderate physical activities inside your home? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Think about only those physical activities that you did for at least 10 minutes at a time. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q16a_1. HOURS:

___ (0-16) HOURS PER DAY
96 - ONLY RECORDING MINUTES
97 - DK/NOT SURE
99 - REF

[AND/OR]

Q16a_2. MINUTES:

___ (0-960) MINUTES PER DAY → **GO TO PART 4 (Q17)**
996 - ONLY RECORDING HOURS → **GO TO PART 4 (Q17)**
997 - DK/NOT SURE
999 - REF → **GO TO PART 4 (Q17)**

Q16b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days doing moderate physical activities inside your home? **[RECORD HRS AND/OR MINUTES:]**

Q16b_1. HOURS:

___ (0-112) HOURS PER WEEK
996 - ONLY RECORDING MINUTES
997 - DK/NOT SURE
999 - REF

[AND/OR]

Q16b_2. MINUTES:

___ (0-6720) MINUTES PER WEEK
9996 - ONLY RECORDING HOURS
9997 - DK/NOT SURE
9999 - REF

PART 4: RECREATION, SPORT, AND LEISURE-TIME PHYSICAL ACTIVITY

Q17. Now, think about all the physical activities that you did in the last 7 days solely for recreation, sport, exercise or leisure. Please do not include any activities you have already mentioned.

Not counting any walking you have already mentioned, during the last 7 days, on how many days did you walk for at least 10 minutes at a time in your leisure time?

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO Q18**

97 - DK/NOT SURE → **GO TO Q18**

99 - REF → **GO TO Q18**

Q17a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days walking in your leisure time? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Think about only the walking that you did for at least 10 minutes at a time. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q17a_1. HOURS:

__ __ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q17a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q18**

996 - ONLY RECORDING HOURS → **GO TO Q18**

997 - DK/NOT SURE

999 - REF → **GO TO Q18**

Q17b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days walking in your leisure time? **[RECORD HRS AND/OR MINUTES:]**

Q17b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q17b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

Q18. Now think about other physical activities you did in your leisure time for at least 10 minutes at a time. First, think about vigorous activities which take hard physical effort that you did in your leisure time. Examples include aerobics, running, fast bicycling, or fast swimming.

During the last 7 days, on how many days did you do vigorous physical activities in your leisure time? **[IF NEEDED:]** Vigorous activities make you breathe much harder than normal. **[IF NEEDED:]** Think about only those vigorous physical activities that you did for at least 10 minutes at a time.

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO Q19**

97 - DK/NOT SURE → **GO TO Q19**

99 - REF → **GO TO Q19**

Q18a. **[IF ANY DAYS:]** How much time did you usually spend on one of those days doing vigorous physical activities in your leisure time? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Think about only those vigorous physical activities that you did for at least 10 minutes at a time. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q18a_1. HOURS:

__ __ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q18a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q19**

996 - ONLY RECORDING HOURS → **GO TO Q19**

997 - DK/NOT SURE

999 - REF → **GO TO Q19**

Q18b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days doing vigorous physical activities in your leisure time? **[RECORD HRS AND/OR MINUTES:]**

Q18b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q18b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

Q19. Now think about activities which take moderate physical effort that you did in your leisure time. Examples include bicycling at a regular pace, swimming at a regular pace, and hiking. Again, include only those moderate activities that you did for at least 10 minutes at a time.

During the last 7 days, on how many days did you do moderate physical activities in your leisure time? **[IF NEEDED:]** Moderate physical activities make you breathe somewhat harder than normal. **[IF NEEDED:]** Think about only those moderate physical activities that you did for at least 10 minutes at a time.

__ __ (0-7) DAYS PER WEEK → **IF 0, GO TO PART 5 (Q20)**

97 - DK/NOT SURE → **GO TO PART 5 (Q20)**

99 - REF → **GO TO PART 5 (Q20)**

Q19a. How much time did you usually spend on one of those days doing moderate physical activities in your leisure time? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Think about only those moderate physical activities that you did for at least 10 minutes at a time. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q19a_1. HOURS:

__ __ (0-16) HOURS PER DAY

96 - ONLY RECORDING MINUTES

97 - DK/NOT SURE

99 - REF

[AND/OR]

Q19a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO PART 5 (Q20)**

996 - ONLY RECORDING HOURS → **GO TO PART 5 (Q20)**

997 - DK/NOT SURE

999 - REF → **GO TO PART 5 (Q20)**

Q19b. **[IF DK/NOT SURE HOURS AND MINUTES:]** What is the total amount of time you spent over the last 7 days doing moderate physical activities in your leisure time? **[RECORD HRS AND/OR MINUTES:]**

Q19b_1. HOURS:

__ __ __ (0-112) HOURS PER WEEK

996 - ONLY RECORDING MINUTES

997 - DK/NOT SURE

999 - REF

[AND/OR]

Q19b_2. MINUTES:

__ __ __ __ (0-6720) MINUTES PER WEEK

9996 - ONLY RECORDING HOURS

9997 - DK/NOT SURE

9999 - REF

PART 5: TIME SPENT SITTING

Q20. The last question in this section is about the time that you spent sitting during the last 7 days. Include time at work, at home, while doing school work and during leisure time. This may include time spent sitting at a desk, visiting with friends, reading or sitting or lying down to watch television. Do not include any time spent sitting in a motor vehicle that you have already told me about.

During the last 7 days, how much time did you usually spend sitting on a weekday? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Include time spent lying down (awake) as well as sitting. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT SITTING VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q20a_1. HOURS:

__ __ (0-16) HOURS PER DAY
96 - ONLY RECORDING MINUTES
97 - DK/NOT SURE
99 - REF

[AND/OR]

Q20a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q21**
996 - ONLY RECORDING HOURS → **GO TO Q21**
997 - DK/NOT SURE
999 - REF → **GO TO Q21**

Q20b. **[IF DK/NOT SURE HOURS AND MINUTES:]** How much time in total did you spend sitting on Wednesday? **[RECORD HRS AND/OR MINUTES:]**

Q20b_1. HOURS:

__ __ __ (0-16) HOURS ON WEDNESDAY
96 - ONLY RECORDING MINUTES
97 - DK/NOT SURE
99 - REF

[AND/OR]

Q20b_2. MINUTES:

__ __ __ (0-960) MINUTES ON WEDNESDAY
996 - ONLY RECORDING HOURS
997 - DK/NOT SURE
999 - REF

Q21. During the last 7 days, how much time did you usually spend sitting on a weekend day? **[IF NEEDED:]** An average time per day is being sought. **[IF NEEDED:]** Include time spent lying down awake as well as sitting. **[IF THE RESPONDENT CAN'T ANSWER BECAUSE THE PATTERN OF TIME SPENT SITTING VARIES WIDELY FROM DAY TO DAY, ENTER "97" FOR HOURS AND "997" FOR MINUTES; RECORD HRS AND/OR MINUTES:]**

Q21a_1. HOURS:

__ __ (0-16) HOURS PER DAY
96 - ONLY RECORDING MINUTES
97 - DK/NOT SURE
99 - REF

[AND/OR]

Q21a_2. MINUTES:

__ __ __ (0-960) MINUTES PER DAY → **GO TO Q22**
996 - ONLY RECORDING HOURS → **GO TO Q22**
997 - DK/NOT SURE
999 - REF → **GO TO Q22**

Q21b. **[IF DK/NOT SURE HOURS AND MINUTES:]** How much time in total did you spend sitting on Saturday? **[RECORD HRS AND/OR MINUTES:]**

Q21b_1.HOURS:

__ __ __ (0-16) HOURS ON SATURDAY
96 - ONLY RECORDING MINUTES
97 - DK/NOT SURE
99 - REF

[AND/OR]

Q21b_2. MINUTES:

__ __ __ (0-960) MINUTES ON SATURDAY
996 - ONLY RECORDING HOURS
997 - DK/NOT SURE
999 - REF

General health-related questions

Q22. Would you say that in general your health is...

1 - excellent,
2 - very good,
3 - good,
4 - fair, or
5 - poor?
7 - DK
9 - REF

Q23. **[IF Q7 = YES, EMPLOYED:]** How many days during the past month did you miss work because of your health?

__ __ DAYS
97 - DK
99 - REF

Q24. Over the last 2 weeks, how often have you been bothered by any of the following problems... {INSERT ITEM} Would you say not at all, several days, more than half the days, or nearly every day?

		Not at all	Several days	More than half the days	Nearly every day	DK	REF
1)	Little interest or pleasure in doing things?	1	2	3	4	7	9
2)	Feeling down, depressed, or hopeless?	1	2	3	4	7	9

Q25. Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

- 1 - YES
- 0 - NO
- 7 - DK
- 9 - REF

Q26. Do you have one person you think of as your personal doctor or health care provider?

- 1 - YES
- 2 - YES, MORE THAN ONE [VOLUNTEERED]
- 0 - NO
- 7 - DK
- 9 - REF

Q27. Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

- 1 - YES
- 0 - NO
- 7 - DK
- 9 - REF

Q28. About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

- 1 - NEVER
- 2 - WITHIN PAST YEAR (1-12 MONTHS AGO)
- 3 - WITHIN PAST 2 YEARS (1-2 YEARS AGO)
- 4 - WITHIN PAST 5 YEARS (2-5 YEARS AGO)
- 5 - 5 OR MORE YEARS AGO
- 7 - DK
- 9 - REF

Q29. Has a health care provider ever told you that you had any of the following conditions...

		YES	NO	DK	REF
1)	Diabetes?	1	0	7	9
2)	Heart disease, Arteriosclerosis, Angina/Coronary Heart Disease, or Stroke?	1	0	7	9
3)	Hypertension or high blood pressure?	1	0	7	9
4)	High cholesterol?	1	0	7	9
5)	Asthma?	1	0	7	9
6)	Cancer?	1	0	7	9
7)	Arthritis or other joint pain?	1	0	7	9
8)	Depression or other mental health concerns?	1	0	7	9
9)	Sleep problems?	1	0	7	9

Q30. Have any of your family members (parents, brothers, sisters, aunts, uncles, grandparents, grandchildren, or children) been diagnosed with any of the following conditions...

		YES	NO	DK	REF
1)	Diabetes?	1	0	7	9
2)	Heart disease, Arteriosclerosis, Angina/Coronary Heart Disease, Stroke?	1	0	7	9
3)	Hypertension or high blood pressure?	1	0	7	9
4)	High cholesterol?	1	0	7	9
5)	Asthma?	1	0	7	9
6)	Cancer?	1	0	7	9
7)	Arthritis or other joint pain?	1	0	7	9
8)	Depression or other mental health concerns?	1	0	7	9
9)	Sleep problems?	1	0	7	9

Q31. Where do you go most often for health care?

- 1 - COUNTY HEALTH DEPARTMENT
- 2 - CROSS THE BORDER INTO MEXICO
- 3 - EMERGENCY ROOM
- 4 - KAISER PERMANENTE
- 5 - PERSONAL DOCTOR AND/OR PRIVATE MEDICAL OFFICE
- 6 - SAN YSIDRO HEALTH CENTER
- 7 - URGENT CARE CENTER
- 8 - OTHER
- 9 - I DO NOT GET HEALTH CARE
- 97 - DK
- 99 - REF

Q32. About how much do you weigh without shoes? **[ROUND FRACTIONS UP; IF RESPONDENT ANSWERS IN KILOGRAMS, ENTER "9996" IN <Q32a>]**

Q32a. WEIGHT IN POUNDS

____ POUNDS → **GO TO Q33**
9996 - CHOSE TO USE KILOGRAMS
9997 - DK → **GO TO Q33**
9999 - REF → **GO TO Q33**

Q32b. **[IF PREFER METRIC SYSTEM:]** WEIGHT IN KILOGRAMS

____ KILOGRAMS
9997 - DK
9999 - REF

Q33. About how tall are you without shoes? **[ROUND FRACTIONS UP; IF RESPONDENT ANSWERS IN METERS AND CENTIMETERS, ENTER "96" IN <Q33a>]**

Q33a. HEIGHT IN INCHES

[REFER TO CONVERSION TABLE TO CONVERT FEET/INCHES INTO INCHES]

___ INCHES → **GO TO Q34**
96 - CHOSE TO USE CENTIMETERS
97 - DK → **GO TO Q34**
99 - REF → **GO TO Q34**

Q33b. **[IF PREFER METRIC SYSTEM:]** HEIGHT IN CENTIMETERS

___ CENTIMETERS
997 - DK
999 - REF

Other health behaviors

Q34. Have you smoked at least 100 cigarettes in your entire life? **[NOTE: 5 PACKS=100 CIGARETTES]**

1 - YES
0 - NO
7 - DK
9 - REF

Q35. Do you currently smoke cigarettes...

1 - every day,
2 - some days, or
3 - not at all?
7 - DK
9 - REF

- Q36. How many times in a typical day do you eat fruits, including fruit juice?
__ __ TIMES
97 - DK
99 - REF
- Q37. How many times in a typical day do you eat vegetables, including juice but not French fries?
__ __ TIMES
97 - DK
99 - REF
- Q38. How many times in a typical week do you eat fast food for breakfast, lunch, or dinner? Fast food includes restaurants like McDonalds and Pizza Hut, but also food sold from lunch wagons and vending machines.
__ __ TIMES
97 - DK
99 - REF
- Q39. How many regular sodas do you drink in a typical day? Do not include diet soda.
__ __ SODAS
97 - DK
99 - REF
- Q40. How many hours of TV do you watch during a typical work day?
__ __ HOURS
97 - DK
99 - REF
- Q41. How many hours do you watch TV during a typical non-work day?
__ __ HOURS
97 - DK
99 - REF
- Q42. During the past month, how many hours of actual sleep did you get at night on a typical work day? This may be different than the number of hours you spent in bed.
__ __ HOURS
97 - DK
99 - REF
- Q43. During the past month, how many hours of actual sleep did you get on a typical non-work night?
__ __ HOURS
97 - DK
99 - REF

Social Support

Q44. During the past three months, how often... [INSERT ITEM]? Would you say never, rarely, sometimes, often, or very often?

		Never	Rarely	Sometimes	Often	Very often	DK	REF
1)	did your family offer to do physical activity with you?	1	2	3	4	5	7	9
2)	did your friends offer to do physical activity with you?	1	2	3	4	5	7	9
3)	did your family do physical activity with you?	1	2	3	4	5	7	9
4)	did your friends do physical activity with you?	1	2	3	4	5	7	9
5)	did your family give you encouragement to do physical activity?	1	2	3	4	5	7	9
6)	did your friends give you encouragement to do physical activity?	1	2	3	4	5	7	9

Self-Efficacy

Q45. This section is about doing moderate physical activity in different situations. “Moderate” physical activity includes activities like brisk walking, gardening, slow cycling, or dancing. A moderate physical activity is any activity that takes moderate physical effort and makes you breathe somewhat harder than normal. Using a scale from 1 to 5, where 1 means “I’m sure I cannot”, 2 means “I don’t think I can”, 3 means “Maybe I can”, 4 means “I think I can” and 5 means “I’m sure I can”, please tell me how sure you are that you could do moderate physical activity in these situations:

		I’m sure I cannot	I don’t think I can	Maybe I can	I think I can	I’m sure I can	DK	REF
1)	I can do moderate physical activity even though I am feeling sad or highly stressed.	1	2	3	4	5	7	9
2)	I can stick to my program of moderate physical activity even when family or social life takes a lot of time.	1	2	3	4	5	7	9
3)	I can set aside time for regular moderate physical activity.	1	2	3	4	5	7	9

Address Information

- Q46. We're interested in getting a rough idea of where people live, and in putting your responses with those of other people from your neighborhood. We don't want your exact address at all, but instead, we'd like to record just the first few digits of your street address. So, could you tell me your street address, but make the last two digits blank? For example, if your address was 1234 Oak St., you would tell me "1 2 blank blank" Oak Street, OK?

[SEE TABLE BELOW FOR NUMBER OF DIGITS IN FIRST COLUMN; IF STREET NUMBER IS ONLY TWO DIGITS, LEAVE SECOND DIGIT BLANK; IF RESPONDENT LIVES IN THE ONLY HOUSE ON THE BLOCK OR IS CONCERNED ABOUT LOSING ANONYMITY, ASK FOR NEAREST CROSS-STREET INSTEAD OF RECORDING ADDRESS DIGITS: "Oak St (at Hawthorn Ave)"]

[AFTER RECORDING ABBREVIATED STREET NUMBER, ASK FOR THE NAME AND SPELLING OF THE STREET AND CONFIRM WITH RESPONDENT; CLARIFY IF "DRIVE", "STREET", "AVENUE", ETC.]

[IF ASKED WHY THIS ADDRESS INFORMATION IS NEEDED:] This allows the researchers to look at the data at the neighborhood block level, but protects our respondents' anonymity by not recording exact street addresses.

ABBREVIATED STREET # AND NAME:

97 - DK
99 - REF

<u>IF STREET # IS RECORD</u>	<u>EXAMPLES:</u>
2 digits first digit and "0"	10, 20 , etc.
3 digits first digit and two "0"s	100, 200 , etc.
4 digits first 2 digits and two "0"s	1200, 2900 , etc.
5 digits first 3 digits and two "0"s	12300, 28000 , etc.
6 digits first 4 digits and two "0"s	123400, 264500 , etc.

ACCULTURATION

- Q47. I'd like to ask you some questions about the languages you speak and use. In general, what language(s) do you speak? Do you speak...

1 - only Spanish,
2 - more Spanish than English,
3 - both equally,
4 - more English than Spanish, or
5 - only English?
7 - DK
9 - REF

Q48. In general, in what language(s) do you read? Do you read...

- 1 - only Spanish,
- 2 - more Spanish than English,
- 3 - both equally,
- 4 - more English than Spanish, or
- 5 - only English?
- 7 - DK
- 9 - REF

Q49. What language(s) do you usually speak at home...

- 1 - only Spanish,
- 2 - more Spanish than English,
- 3 - both equally,
- 4 - more English than Spanish, or
- 5 - only English?
- 7 - DK
- 9 - REF

Q50. What language(s) do you usually speak with your friends...

- 1 - only Spanish,
- 2 - more Spanish than English,
- 3 - both equally,
- 4 - more English than Spanish, or
- 5 - only English?
- 7 - DK
- 9 - REF

Q51. In what language(s) are the T.V. programs you usually watch...

- 1 - only Spanish,
- 2 - more Spanish than English,
- 3 - both equally,
- 4 - more English than Spanish, or
- 5 - only English?
- 7 - DK
- 9 - REF

Q52. In what language(s) are the radio programs you usually listen to...

- 1 - only Spanish,
- 2 - more Spanish than English,
- 3 - both equally,
- 4 - more English than Spanish, or
- 5 - only English?
- 7 - DK
- 9 - REF

Q53. Would you say your close friends are...

- 1 - mostly from the same ethnic background as you,
- 2 - mostly from a different ethnic background than you,
- 3 - or about half and half?
- 7 - DK
- 9 - REF

Q54. Would you say that in general, the persons you visit or who visit you are...

- 1 - mostly from the same ethnic background as you,
- 2 - mostly from a different ethnic background than you,
- 3 - or about half and half?
- 7 - DK
- 9 - REF

Q55. These last questions are for comparison purposes only. What is your age?

- ___ YEARS
- 97 - DK
- 99 - REF

Q56. Are you...

- 1 - married,
- 2 - living as married,
- 3 - divorced,
- 4 - widowed,
- 5 - separated, or
- 6 - single, never been married?
- 7 - DK
- 9 - REF

Q57. How many children under 18 years of age live in your household?

- ___ CHILDREN → IF 0, GO TO Q58
- 97 - DK → GO TO Q58
- 99 - REF → GO TO Q58

Q57a-f. **[IF RESPONDENT INDICATES THAT ONE OR MORE CHILDREN LIVE IN THE HOUSEHOLD, PLEASE OBTAIN INFORMATION ON EACH CHILD'S AGE AND GENDER:].** Can you please tell me the age and gender of each child living in the home, starting with the oldest child? How old is the oldest child? Is the child a boy or girl? **[ETC. FOR EACH:]** The next oldest? **[IF NO MORE CHILDREN, GO TO Q58]**

		AGE				SEX					
		(0-17)	NO MORE CHILDREN	DK	REF			MALE	FEMALE	DK	REF
a_1)	___	--		97	99	a_2)	1	2	7	9	
b_1)	___	96		97	99	b_2)	1	2	7	9	
c_1)	___	96		97	99	c_2)	1	2	7	9	
d_1)	___	96		97	99	d_2)	1	2	7	9	
e_1)	___	96		97	99	e_2)	1	2	7	9	
f_1)	___	96		97	99	f_2)	1	2	7	9	

Q58. How many adults (anyone 18 years of age or older) live in your household, including yourself?

___ ADULTS

97 - DK

99 - REF

Q59. Were you born in the U.S., or in another country?

1 - IN US → **GO TO Q60**

2 - IN ANOTHER COUNTRY

9 - DK/REF → **GO TO Q60**

Q59a. **[IF BORN IN ANOTHER COUNTRY:]** In what country were you born?

1 - MEXICO

10 - PERU

19 - OTHER

2 - GUATEMALA

11 - BOLIVIA

97 - DK

3 - COSTA RICA

12 - CHILE

99 - REF

4 - BELIZE

13 - ARGENTINA

5 - NICARAGUA

14 - BRAZIL

6 - PANAMA

15 - URUGUAY

7 - VENEZUELA

16 - PARAGUAY

8 - COLOMBIA

17 - PUERTO RICO

9 - ECUADOR

18 - EL SALVADOR

IF NOT BORN IN MEXICO, GO TO Q59c

Q59b. **[IF BORN IN MEXICO:]** In what state did you live for most of your time in Mexico?

1 - AGUAS CALIENTES

12 - GUERRERO

23 - SAN LUIS POTOSI

2 - BAJA CALIFORNIA

13 - HIDALGO

24 - SINALOA

3 - BAJA CALIFORNIA SUR

14 - JALISCO

25 - SONORA

4 - CAMPECHE

15 - MICHOACAN

26 - TABASCO

5 - COAHUILA

16 - MORELOS

27 - TAMAULIPAS

6 - COLIMA

17 - NAYARIT

28 - TLAXCALA

7 - CHIAPAS

18 - NUEVO LEON

29 - VERACRUZ

8 - CHIHUAHUA

19 - OAXACA

30 - YUCATAN

9 - DISTRITO FEDERAL

20 - PUEBLA

31 - ZACATECAS

10 - DURANGO

21 - QUERETARO

32 - MEXICO

11 - GUANAJUATO

22 - QUINTANA ROO

97 - DK

99 - REF

Q59c. **[IF BORN IN ANOTHER COUNTRY:]** At what age did you first come to the U.S. to live?

___ AGE FIRST CAME TO U.S.

97 - DK

99 - REF

Q59d. How many years have you lived in the U.S.?

___ YEARS LIVED IN THE U.S.

97 - DK

99 - REF

- Q60. What is the highest grade or year of school you have completed?
- 1 - NEVER ATTENDED SCHOOL OR ONLY ATTENDED KINDERGARTEN
 - 2 - GRADES 1 THROUGH 6 (ELEMENTARY)
 - 3 - GRADES 7 THROUGH 8 (MIDDLE SCHOOL)
 - 4 - GRADES 9 THROUGH 11 (SOME HIGH SCHOOL)
 - 5 - GRADE 12 OR GED (HIGH SCHOOL GRADUATE)
 - 6 - COLLEGE 1 YEAR TO 3 YEARS (SOME COLLEGE OR TECHNICAL SCHOOL)
 - 7 - COLLEGE 4 YEARS OR MORE (COLLEGE GRADUATE)
 - 8 - GRADUATE WORK BEYOND A BACHELOR'S
 - 97 - DK
 - 99 - REF

- Q61. Where did you complete most of your education...
- 1 - in the United States,
 - 2 - in your country of origin, or
 - 3 - in another country?
 - 7 - DK
 - 9 - REF

- Q62. Are you currently...
- 1 - employed for wages,
 - 2 - self-employed,
 - 3 - out of work for more than 1 year, → GO TO Q63
 - 4 - out of work for less than 1 year, → GO TO Q63
 - 5 - a homemaker, → GO TO Q63
 - 6 - a student, → GO TO Q63
 - 7 - retired, or → GO TO Q63
 - 8 - unable to work? → GO TO Q63
 - 97 - DK → GO TO Q63
 - 99 - REF → GO TO Q63

Q62a. **[IF WORKING:]** Of the following, which best describes your occupation...
[READ DESCRIPTION IN PARENTHESES ONLY AS NEEDED FOR CLARIFICATION]

- 0 - Professional or Technical. (scientific and engineering, medical, education, religion, journalism, law, arts, accountants, pilots, labor relations, social welfare workers, etc.)
- 1 - Manager, Official or Proprietor. (executive and corporate officers, officials and administrators for all government levels, managers, buyers, farm managers)
- 2 - Clerical. (bank tellers, cashiers, clerks)
- 3 - Sales Worker. (advertising, real estate, sales clerks, insurance agents, brokers)
- 4 - Craftsman, Foreman, or Skilled Manual Worker. (heavy & light industry, mechanics, repairs)
- 5 - Semi-Skilled Operative. (assemblers, truck drivers)
- 6 - Service Worker, or (protective services like police and firefighters, and personal services like hair stylists, waiters and housekeepers)
- 7 - Laborer? (field worker, gardener, ship loader)
- 9 - DK/REF

Q62b. How many hours per week do you usually work?

___ HOURS WORKED PER WEEK

97 - DK

99 - REF

IF Q59=BORN IN ANOTHER COUNTRY:

Q63. Did you work in your country of origin, before you moved to the United States?

1 - YES

0 - NO → **GO TO Q64**

7 - DK → **GO TO Q64**

9 - REF → **GO TO Q64**

Q63a. **[IF YES and IF CURRENTLY EMPLOYED (Q62 < 3):]** Comparing your current job in the U.S. to your previous job in your country of origin, would you say that...
(INSERT OPTIONS)? **[IF NEEDED:]** By prestige we mean earning the respect of members of society.

1 - this job has more prestige than the job in your country of origin,

2 - this job has less prestige than the job in your country of origin, or

3 - are both jobs about equal in terms of prestige?

7 - DK

9 - REF

Q63b. Would you say that...

1 - this job provides a higher comparable income than the job in your country of origin,

2 - this job provides a lower comparable income than the job in your country of origin, or

3 - are both jobs about equal in terms of comparable income?

7 - DK

9 - REF

Q64. Compared to other people you know, would you say your family is financially...

1 - much worse off,

2 - somewhat worse off,

3 - about the same,

4 - better off, or

5 - much better off than other families?

7 - DK

9 - REF

Q65. Would you say that your personal economic situation has...

1 - improved over the last 12 months,

2 - remained about the same, or

3 - gotten worse over the last 12 months?

7 - DK

9 - REF

Q66. In the next three years, do you see your financial situation...

- 1 - getting better,
- 2 - staying about the same, or
- 3 - getting worse?
- 7 - DK
- 9 - REF

Q67. Compared with what you know about your parents' economic situation when they were your age, is your economic situation...

- 1 - better,
- 2 - about the same, or
- 3 - worse?
- 7 - DK
- 9 - REF

Q68. Thinking about the future of your children, or the next generation if you have no children, when they reach the age you are now, do you think that their economic situation will be...

- 1 - better than your own,
- 2 - about the same, or
- 3 - worse than your own?
- 7 - DK
- 9 - REF

Q69. What is your household's monthly income from all sources? **[IF PARTICIPANT RELUCTANT TO PROVIDE INCOME, ENTER "999999" - REF]**

- \$____.____ DOLLARS → GO TO LAN
- 999997 - DK → GO TO LAN
- 999999 - REF

Q69a. **[IF REF:]** Would you mind if I ask you if it falls in one of the following ranges...

- 1 - less than \$500,
- 2 - \$500 to \$999,
- 3 - \$1,000 to \$1,499,
- 4 - \$1,500 to \$1,999,
- 5 - \$2,000 to \$2,499,
- 6 - \$2,500 to \$2,999,
- 7 - \$3,000 to \$3,499,
- 8 - \$3,500 to \$3,999,
- 9 - \$4,000 to \$4,499,
- 10 - \$4,500 to \$4,999, or
- 11 - \$5,000 or more?
- 97 - DK
- 99 - REF

LAN. **[INDICATE LANGUAGE SURVEY COMPLETED IN]**

- 1 - ENGLISH
- 2 - SPANISH

PHN. Thank you for taking the time to participate in our study. Those are all the questions I have. **[VERIFY AND INSERT TELEPHONE NUMBER:]** _____

NAM. In case my supervisor should need to verify this interview, may I please have just your first name or initials? Your name and phone number will be separated from your responses to these questions and destroyed after the data has been processed.

[VERIFY AND INSERT RESPONDENT'S NAME:] _____
[THANK RESPONDENT; RECORD REMAINING INFORMATION BELOW]

TIN. **[INTERVIEWER NUMBER]**

LEN. **[LENGTH OF INTERVIEW IN MINUTES]**

DAT. **[DATE OF INTERVIEW]**

REC. **[CATI RECORD NUMBER]**